The Family ALMANACK,

FOR

The Year of our LORD 1751.

Being the 3d after Biſſextile, or Leap-Year.

Containing every Thing that is Neceſſary and Uſeful in a Common ALMANACK.

VIZ.

An exact and compleat Calendar, the true Riſing and Setting of the Sun, the Nightly Riſing and Setting of the Moon, the Increaſe, Decreaſe, and Length of Days, the Regulation of Clocks and Watches, Times of High-Water at London Bridge, and many other Places, the Moon's Signs, the Month Days in New Stile or Foreign Account of Time, with the Lunations, Weather, Eclipſes, and many other Particulars.

Of General Uſe to All Men. 15

To which is added,

A Phyſical DIRECTORY,

Or, ſhort, plain, and curious Inſtructions, for gathering and drying of Herbs, ſo as to preſerve their true Aſtral and Balſamick Vertues, and their Uſe in the Cure of moſt Diſtempers incident to Human Bodies.

By NATHANAEL CULPEPPER, Student in Phyſick and the Cœleſtial Science.

Imprimatur, *H. H.*

LONDON:

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A plain and easy TABLE, shewing the true Time of the Beginning, Continuance, and Years since the Reign of each KING and QUEEN of England, from the Conquest until this present Year 1751. The Year began January 1.

The Kings Names.	Began their Reign.	Reigned. Y.	M.	D.	Since their Reign.
William Conq.	1066 Octob. 14	20	10	26	664 Sept. 9
William Rufus,	1087 Septem. 9	12	10	24	651 August 2
Henry I.	1100 August 2	35	4	3	616 Decemb. 2
Stephen,	1135 Decemb. 2	18	10	25	597 October 25
Henry II.	1154 Octob. 25	34	8	11	562 July (
Richard I.	1189 July 6	9	9	0	552 April (
King John,	1199 April 6	17	7	12	535 October 1(
Henry III.	1216 Octob. 19	56	1	0	479 Novem. 1(
Edward I.	1272 Nov. 16	34	7	21	444 July 7
Edward II.	1307 July 7	19	6	20	424 January 27
Edward III.	1326 Jan. 27	50	4	25	374 June 21
Richard II.	1377 June 21	22	3	8	352 Septem. 2(
Henry IV.	1399 Sept. 29	13	5	21	338 March 2(
Henry V.	1413 March 20	9	5	11	329 August 31
Henry VI.	1422 August 31	38	6	4	290 March 4
Edward IV.	1461 March 4	22	11	5	268 April 6
Edward V.	1483 April 9	0	2	13	268 June 22
Richard III.	1483 June 22	2	2	0	266 August 22
Henry VII.	1485 August 22	23	8	0	242 April 22
Henry VIII.	1509 April 23	37	9	6	204 January 28
Edward VI.	1546 Jan. 28	6	5	8	198 July 6
Queen Mary,	1553 July 6	5	4	11	193 Novem. 17
Q. Elizabeth,	1558 Nov. 17	44	4	7	148 March 24
James I.	1603 March 24	22	0	3	126 March 27
Charles I.	1625 March 27	24	10	3	101 January 30
Charles II.	1649 Jan. 30	36	0	7	66 February 6
James II.	1685 Febr. 6	4	0	7	62 Febr. 13
W. III. and M.	1689 Febr. 13	13	0	23	49 March 8
Queen Anne,	1702 March 8	12	4	23	37 August 1
George I.	1714 August 1	12	10	11	24 June 11
K. George II.	1727 June 11	Whom God preserve.			

A TABLE of Terms and Returns. 1751.

Hilary Term begins Jan. 23. ends Feb. 12.

Returns or Essoign Days.		Exc.	Ret.	Ap.	W. D.
Eight Days of St. Hilary,	Jan. 20	21	22	23	Wedn.
From the Day of St. Hilary in 15 days.	27	28	29	30	Wedn.
On the morrow of the Purif. of bleſſ. V. Ma.	Feb. 3	4	5	6	Wedn.
Eight Days of the Purif. of bleſſ. V. Mary,	9	10	11	12	Tueſd.

Eaſter Term begins April 24. ends May 20.

From the day of Eaſter in 15 days,	April 21	22	23	24	Wedn.
From the day of Eaſter in 3 weeks,	28	29	30	May 1	Wedn.
From the day of Eaſter in 1 month,	May 5	6	7	8	Wedn.
From the day of Eaſter in 5 weeks,	12	13	14	15	Wedn.
On the morrow of the Aſcenſion,	17	18	19	20	Mond.

Trinity Term begins June 7. ends June 26.

On the morrow of the Holy Trinity,	June 3	4	5	7	Friday.
Eight days of the Holy Trinity,	9	10	11	12	Wedn.
From the day of the H. Trin. in 15 days,	16	17	18	19	Wedn.
From the day of the H. Trin. in 3 weeks,	23	24	25	26	Wedn.

Michaelmas Term begins Oct. 23. ends Nov. 28.

From the day of S. Mich. in 3 weeks,	Oct. 20.	21	22	23	Wedn.
From the day of St. Michael in 1 month,	27	28	29	30	Wedn.
On the morrow of All-Souls,	Nov. 3	4	5	6	Wedn.
On the morrow of St. Martin,	12	13	14	15	Friday
Eight days of St. Martin,	18	19	20	21	Thurſ.
From the day of St. Martin in 15 days,	25	26	27	28	Thurſ.

N. B. No Sittings in Weſtminſter-Hall on Aſcenſion-day, Mid-ſummer-day, the 11ſt and 2d of November, and the 2d of Febr.

The Exchequer opens eight Days before any Term begins, except Trinity, before which it opens but four Days.

Note, That the firſt and laſt Days of every Term are the Days of Appearance.

Common Notes for the Year 1751.

Engliſh Account.		Foreign Account.
4	Golden Number	4
24	The Cycle of the Sun.	24
F	Dominical Letter	C
14	Epacts.	3
17	Number Direction	14

1751. January hath xxxi Days.

Last quarter 8th day, at 1 aftern
New Moon 16th day, at 10 morn
First quarter 23d day, at 7 morn
Full Moon 30th day, at 10 morn

Days	Days incr.	Days long.	Clock fast.
1	0 26	8 0	9 0
6	0 40	8 4	10 45
11	0 52	8 26	12 14
16	1 4	8 38	13 23
21	1 16	8 50	14 13
26	1 30	8 8	14 4

1	a	Circumcision.	8	0	4	0	5	A. 14	m	32	heart	12
2	b	Pleasant wea	7	59	4	1	6	30	3	1	and	13
3	c	ther for the	7	57	4	3	7	46	3	42	back	14
4	d	Season, if not	7	56	4	4	9	0	4	12	bowel	15
5	e	frost.	7	54	4	6	10	9	4	44	belly	16
6	f	Epiphany	7	53	4	7		18	5	16	reins	C
7	g		7	51	4	9	morn		5	5	and	18
8	a	ucian	7	50	4	10	0	24	6	36	loins	19
9	b	Some wind,	7	49	4	11	1	31	7	2	secret	20
10	c	and storms of	7	48	4	12	2	39	8	18	bladd.	21
11	d	rain or snow.	7	47	4	13	3	41	9	22	thigh	22
12	e		7	46	4	14	4	42	10	31	hips	23
13	f	1 S. aft. Epiph.	Hilary B.				5	34	11	37	cheek	24
14	g	Driving	7	43	4	17		11	0A.	38	knees	25
15	a	winds, not	7	42	4	18	6	47	1	33	hams	26
16	b	very cold.	7	41	4	19	☽	sets	2	25	legs	27
17	c	More calm.	7	40	4	20	0A.	16	3	4	ancles	28
18	d	Prisca V.	7	39	4	21	7	37	3	36	feet	29
19	e		7	38	4	22	8	58	4	6	toes	30
20	f	2 S. aft. Epiph.	Fr.	W	ales		born.		4	42	head	0
21	g	Agnes V.	7	35	4	25	11	44	5	25	Febr.	1
22	a	Vincent.	7	34	4	26	morn		6	17	neck	2
23	b	Term begins.	7	32	4	28	1	37	7	16	throat	3
24	c	Inclinable to	7	30	4	30	2	21	8	26	arms	4
25	d	Conv. S. Paul	7	28	4	32	3	3	9	45	and	5
26	e	open weather	7	26	4	34	4	32	10	59	shoul.	6
27	f	3 S. aft. Epiph.	7	25	4	37	5	19	morn		breast	C
28	g	for the most	7	20	4	40	5	58	0	10	stom.	8
29	a	part.	7	17	4	45	6	22	1	6	heart	9
30	b	K. Ch. I. Mart	7	15	4	45	☽	rise	1	58	back	10
31	c		7	12	4	48	6A.	33	2	42	bowel	11

1751. Febru. hath XXVIII Days	D.	Days ner	Days long	Clock fa.
	1	2 4	9 36	14 39
Last quarter 7th day, at 10 morn.	6	24	10 0	14 33
New Moon 14th day, at 11 night.	13	42	10 16	14 9
First quarter 21st day, at 3 afternn	20	2	10 36	13 12
Full Moon 28th day, at midnight	27	22	11 9	13 10
	28	46	11 20	10 46

M. D.	W. D.	Saints Days and Weather	Sun rises	Sun sets	☽ rises and sets	H. Wa. L.	H. Wa. Br.	☽ Signs	Ro. Ac.
1	d	A mi ture	7 11	4 49	7 A. 45	3 m.	14	belly	12
2	e	Purif. V. Mary	7 9	4 51	8 56	3	42	reins	13
3	F	Septuagesima.	7 7	4 53	☽ 3	4	9	and	C
4	g	Blase Bp.	7 5	4 55	11 12	4	41	loins	15
5	a	Agatha.	7 3	4 57	morn.	5	15	secret	16
6	b	of weather,	7 1	4 59	0 20	5	55	bladd.	17
7	c	for snow or	6 59	5 1	1 28	6	44	thigh	18
8	d	rain.	6 58	5 2	2 24	7	37	and	19
9	e		6 56	5 4	3 19	8	41	hips	20
10	F	Sexagesima.	6 54	5 6	4 4	9	50	knees	C
11	g	Lofty winds.	6 52	5 8	4 45	10	58	hams	22
12	a	Term ends.	6 50	5 10	5 12	A.	4	legs	23
13	b	Still wet	6 48	5 12	5 38	1	0	ancles	24
14	c	Valentine.	6 46	5 14	☽ sets	1	52	feet	25
15	d	unsettled	6 44	5 16	6 A 36	2	45	toes	26
16	e	weather.	6 42	5 18	8 0	3	19	head	27
17	F	Shrove Sund.	6 40	5 20	9 25	3	52	face	C
18	g	Now some	6 38	5 22	10 50	4	31	Mare	1
19	a	Shrove Tues.	6 36	5 24	morn	5	15	neck	2
20	b	Ash Wedn.	6 34	5 26	0 12	6	7	throat	3
21	c	frosty morn-	6 32	5 28	1 25	7	8	arms	4
22	d	Pt Hesse born.	6 30	5 30	2 27	8	16	shoul.	5
23	e	ings, with	6 28	5 32	3 18	9	32	breast	6
24	F	1 S. in Lent.	S. Matthias			10	38	stom.	C
25	g	cold rain or	6 24	5 34	4 29	11	42	heart	8
26	a	sleets.	6 22	5 38	4 52	morn		back	9
27	b	Ember Week	6 20	5 40	5 16	0	32	bowel	10
28	c	windy.	6 18	5 42	☽ rise	1	28	belly	11

1751. March hath xxxi Days.			Days	Days incr.	Days long.	Clock fast
			1	3 54	11 28	0 8
Last quarter 9th day, at 5 morn.			8	4 22	11 56	8 5
New Moon 16th day, at 9 morn			15	4 50	12 24	5 56
First quarter 22d day, at midnight			22	5 18	12 52	3 45
Full Moon 30th day, at 6 aftern.			26	5 46	13 20	1 40

1	d	David & Chad	6 16	5 44	6	43	2m.	14	belly	12
2	e		6 14	5 46	7	54	2	37	reins	13
3	F	2 S. in Lent.	6 12	5 48	9	0	3	21	loins	C
4	g	Agreeable	6 10	5 50	10	8	3	49	secret	15
5	a	weather,	6 8	5 52	11	16	4	17	and	16
6	b	for seed time.	6 6	5 54	morn		4	54	bladd	17
7	c	Perpetua.	6 4	5 56	0	18	5	32	thighs	18
8	d	Pss Louisa bn.	6 2	5 58	1	13	6	20	hips	19
9	e	Equal day & n.	6 0	6 0	2	4	7	14	knees	20
10	F	3 S. in Lent.	5 58	6 2	2	44	8	15	and	C
11	g	Wind,	5 56	6 4	3	16	9	22	hams	22
12	a	Gregory.	5 54	6 6	3	42	10	31	legs	23
13	b	producing	5 52	6 8	4	7	11	36	ancles	24
14	c	Pr. Edw. bor.	5 50	6 10	4	29	0A.	32	feet	25
15	d	rain, now	5 48	6 12	4	51	1	28	toes	26
16	e	abouts.	5 46	6 14	) sets		2	21	head	27
17	F	Midlent Sun.	S. Patrick.		8A	31	3	7	face	C
18	g	Fair, and	5 42	6 18	9	58	3	45	neck	29
19	a	weather	5 40	6 20	11	13	4	24	throat	30
20	b	cold, incli-	5 38	6 22	morn		5	1	arms	31
21	c	nable to dry-	5 36	6 24	0	26	6	6	April	1
22	d	ness. Cold	5 34	6 26	1	25	7	9	breast	2
23	e	mornings.	5 32	6 28	2	8	8	12	stom.	3
24	F	Passion Sund.	5 30	6 30	2	40	9	18	heart	C
25	g	Lady day	5 28	6 32	3	8	10	21	and	5
26	a	Weather	5 26	6 34	3	28	11	20	back	6
27	b	fruitful and	5 24	6 36	3	48	morn		bowel	7
28	c	pleasant at	5 22	6 38	4	5	0	14	belly	8
29	d	the end	5 20	6 40	4	23	1	1	reins	9
30	e		5 19	6 41	) rise		1	44	and	10
31	F	Palm Sund.	5 17	6 43	8A.	52	2	28	loins	C

1751. April hath xxx Days.		Day incr.	Days long.	Clock fast.
	1	6 0	13 15	0 50
Laſt quarter 7th day, at 9 night.	8	6 24	13 56	flow.
New Moon 14th day, at 5 aftern.	15	6 46	14 20	2 21
Firſt quarter 21ſt day. at 11 morn.	22	7 12	14 43	3 22
Full Moon 29th day, at 10 morn.	29	7 36	5 8	3 51

1	g	Noah.	5 15	6 45	9 ☽. 12	3 m.	3	ſecret	12
2	a	Cold dry	5 13	6 47	10 15	3	33	bladd.	13
3	b	winds.	5 11	6 49	11 17	4	2	thighs	14
4	c	Maund. Thurſ.	5 9	6 51	morn	4	41	and	15
5	d	**Good Friday.**	5 7	6 53	0 6	5	17	hips	16
6	e	Cloudy, with	5 5	6 55	0 52	6	1	knees	17
7	F	**Eaſter Day**	5 3	6 57	1 22	6	53	hams	C
8	g	**Monday**	5 2	6 58	1 51	7	50	legs	19
9	a	**Tueſday.**	5 0	7 0	2 14	8	51	ancles	20
10	b	pleaſant	4 59	7 1	2 36	9	58	feet	21
11	c	ſhowers.	4 57	7 3	3 2	11	2	toes	22
12	d	Now more	4 55	7 5	3 22	0 A	8	head	23
13	e	warm.	4 53	7 7	3 40	1	6	face	24
14	F	**Low Sunday**	4 51	7 9	☽ ſets	2	5	neck	C
15	g	**D. Cumb. born.**	4 50	7 11	8 A 57	3	●	throat	26
16	a	Drying winds	4 4	7 12	10 13	3	41	arms	27
17	b	The Mornings	4 40	7 14	11 20	4	22	ſhoul	28
18	c	cooliſh.	4 45	7 15	morn.	5	7	breaſt	29
19	d	Alphage.	4 43	7 17	0 7	5	59	ſtoma.	30
20	e	Fine ſpring	4 41	7 19	0 48	6	53	**May.**	1
21	F	**2 S. af. Eaſter**	4 39	7 21	1 22	7	48	heart	C
22	g	weather.	4 37	7 23	1 39	8	49	back	3
23	a	**St. George.**	4 36	7 24	2 0	9	50	bowel	4
24	b	**Term begins.**	4 34	7 26	2 19	10	45	belly	5
25	c	**St. Mark.**	4 32	7 28	2 37	11	37	reins	6
26	d	So it will	4 30	7 30	2 54	morn.		and	7
27	e	hold	4 29	7 3	3 11	0	28	loins.	8
28	F	**3 S. aft Eaſter**	4 27	7 33	4 32	1	14	ſecret	C
29	g	to the end.	4 26	7 34	☽ riſe	2	0	bladd.	10
30	a		4 24	7 36	9 ☽. 12	2	45	thighs	11

1751. May hath xxxi Days.			Days	Days incr	Days long.		Clock slow.
			1	7 41	15 16	4	2
Last Quarter 7th day, at 9 morn.			8	8 2	15 36	4	0
New Moon 14th day, at 1 morn			15	8 20	15 54	3	32
First Quarter 20th d y, at 11 night			22	8 34	16 8	2	38
Full Moon 29th day, at 2 morn.			29	8 42	16 18	1	26

1	b	St. Phil. & Jac.	4	32	7	38	10A 6	3m 19	thighs	12
2	c	Rain or	4	21	7	39	10 50	3 50	hips	13
3	d	Invent. Croſs.	4	19	7	41	11 26	4 23	knees	14
4	e	thunder.	4	17	7	43	11 58	5 1	hams	15
5	F	4 S. aft. Eaſter	4	16	7	44	morn	5 41	legs	☌
6	g	John Port.	4	14	7	46	0 24	6 29	and	17
7	a	Briſk winds,	4	13	7	47	0 43	7 18	ancles	18
8	b	healthful	4	12	7	48	1 5	8 15	feet	19
9	b	good weather.	4	11	7	49	1 25	9 21	toes	20
10	d	More warm	4	9	7	51	1 44	10 29	head	21
11	e	and	4	8	7	52	2 8	11 37	face	22
12	F	Rogat. Sunday	4	7	7	53	2 37	0A 43	neck	☌
13	g	pleaſant, for	4	5	7	55	☽ ſets	1 46	throat	24
14	a	the ſeaſon.	4	4	7	56	8A. 58	2 48	arms	25
15	b		4	3	7	57	9 55	3 31	ſhoul	26
16	c	Aſcenſion-day	4	2	7	58	10 43	4 9	breaſt	27
17	d	Cloudy, with	4	1	8	59	11 21	4 54	ſtom.	28
18	e	rain or hail.	3	59	8	1	11 45	5 36	heart	29
19	F	6 S. aft. Eaſter	3	58	8	2	morn.	6 22	back	☌
20	g	Term ends.	3	57	8	3	0 5	7 11	bowel	31
21	a	Remiſſion	3	56	8	4	0 24	8 2	June	1
22	b	of heat, at	3	55	8	5	0 37	8 58	belly	2
23	c	or about this	3	54	8	6	0 56	9 58	reins	3
24	d	Pr. Geo born	3	54	8	6	1 16	10 50	loins	4
25	e	time.	3	53	8	7	1 37	11 47	ſecret	5
26	F	Whit-Sunday	3	53	8	7	2 0	Morn	and	☌
27	g	Monday	3	52	8	8	2 30	0 41	bladd	7
28	a	Tueſday	3	52	8	8	☽ riſe	1 31	thighs	8
29	b	K. Ch II. Reſt	Emb	Wk			8A. 36	2 20	hips	9
30	c	Pr. Am. & Ca. bn	3	51	8	9	9 24	3 0	knees	10
31	d		3	52	8	10	9 55	3 32	hams	11

1751. June hath xxx Days.												Day. incr	Day. long	Clock slow
												1	8 45	16 20	m 51
Last quarter 5th day, at 5 aftern.												8	8 51	16 24	fast
New Moon 12th day, at 7 morn.												15	decr	16 22	8
First quarter 19th day, at noon.												22	0 10	16 16	30
Full Moon 27th day, at 4 aftern.												29	0 2	16 8	40

1	c	Nicomede.	3 50	8 10	10	14	4 M.	3	legs	12
2	F	Trin. Sunday.	3 50	8 10	10	45	4	38	and	C
3	g	Moderate	3 50	8 10	11	7	5	14	ancles	14
4	a	Season, nei-	3 49	8 11	11	25	5	51	feet	15
5	b	Boniface.	3 49	8 11	11	45	6	44	toes	16
6	c	Corpus Christi	3 48	8 12	morn		7	37	head	17
7	d	Term begins	3 48	8 12	0	6	8	41	face	18
8	e	ther too hot,	3 48	8 12	0	31	9	52	neck	19
9	F	1 S. af. Trin.	3 47	8 13	1	2	1	6	throat	C
10	g	or too cold.	3 47	8 13	1	41	0 A.	21	arms	21
11	a	S. Barnabas.	K. G. II. In		aug.		1	27	breast	22
12	b	good summer	3 47	8 13	☽	sets	2	33	breast	23
13	c	weather	3 48	8 12	9	A. 6	3	16	stom	24
14	d	Cooling gales,	3 48	8 12	9	37	3	5	heart	25
15	e	K Geo. II. pro	3 48	8 11	10	4	4	27	and	26
16	F	2 S. af. Trin.	3 49	8 11	10	22	5	14	back	C
17	g	St. Alban.	3 50	8 0	10	4	5	4	bowel	28
18	a	blowing up	3 50	8 10	10	58	6	25	belly	29
19	b	pleasant	3 51	8 10	11	17	7	13	reins	30
20	c	showers.	3 51	8 9	11	37	8	2	July	1
21	d		3 51	8 9	11	58	8	58	secret	2
22	e	Increase of	3 52	8 8	morn		0	1	and	3
23	F	3 S. af. Trin.	3 53	8 7	0	26	11	2	bladd.	C
24	g	St. John Bapt.	3 53	8 7	0	59	morn		thighs	5
25	a	heat, perhaps	3 54	8 6	1	41	0	3	hips	6
26	b	Term ends.	3 54	8 6	2	31	0	58	knees	7
27	c	thunder or	3 55	8 5	☽	rise	1	47	and	8
28	d	lightning.	3 56	8 4	S A.	22	2	36	hams	9
29	e	St. Pet. & Paul	3 56	8 4	8	45	3	13	legs	10
30	F	4 S. af. Trin.	3 57	8 3	9	10	3	43	ancles	C

1751. July hath xxxi Days.			Sun	Days decr	Days long	Clock fast
			1	0 22	16 4	4 56
Last quarter 4th day, at 11 night.			8	0 38	15 48	5 40
New Moon 11th day, at 4 aftern.			15	0 55	15 32	5 55
First quarter 19th day, at 5 morn.			22	1 15	15 12	5 42
Full Moon 27th day, at 4 morn.			29	1 37	14 48	5 1

1	g		3 58	8 2	9	A. 28	4	m. 12	feet	12
2	a	Dies Comitior	Visit.	V M.	9	46	4	19	toes	13
3	b	Warm plea-	4 0	8 0	10	6	5	26	head	14
4	c	sant weather,	4 1	7 59	10	29	6	12	face	15
5	d	not to hold	4 2	7 58	10	57	7	4	neck	16
6	e	long.	4 3	7 57	11	31	8	0	throat	17
7	F	5 S. af. Trin.	Th. a	Bec.	morn.		9	23	and	C
8	g	Cloudy and	4 6	7 54	0	19	10	46	arms	19
9	a	moist air,	4 7	7 53	1	15	11	59	shoul.	20
10	b	clearing up	4 8	7 52	2	22	1	A. 8	breast	21
11	c	soon after.	4 9	7 51	☽	sets	2	6	stoma	22
12	d		4 10	7 50	7	A. 58	3	57	heart	23
13	e		4 11	7 49	8	22	3	20	back	24
14	F	6 S. af. Trin.	4 13	7 47	8	42	4	0	bowel	C
15		Swithin Bp.	4 14	7 46	9	1	4	33	belly	26
16	a	Sudden rains,	4 15	7 45	9	28	5	8	reins	27
17	b	or hasty	4 17	7 43	9	39	5	45	and	28
18	c	showers.	4 18	7 42	10	0	6	28	loins	29
19	d	Dog days beg.	4 19	7 41	10	25	7	16	secret	30
20	e	Margaret	4 20	7 40	10	56	8	14	bladd.	31
21	F	7 S. af. Trin.	4 22	7 38	11	36	9	17	Augu.	C
22	g	Mary Magdal.	4 24	7 36	morn		10	22	thighs	2
23	a	Sultry and	4 26	7 34	0	25	11	27	hips	3
24	b	hot weather,	4 28	7 32	1	22	morn		knee	4
25	c	St. James, Ap.	4 29	7 31	2	24	0	26	hams	5
26	d	St. Anne.	4 31	7 29	3	31	1	20	legs	6
27	e	cause light-	4 33	7 27	☽	rise	2	9	ancles	7
28	F	8 S. af. Trin.	4 34	7 26	7	A. 35	2	52	feet	C
29	g	ning, if not	4 36	7 24	7	55	3	25	and	9
30	a	thunder.	4 37	7 23	8	15	3	55	toes	10
31	b	Ps. Auguste b.	4 39	7 21	8	38	4	30	head	11

1751. Auguſt hath xxxi Days.	Aug.	Days decr.	Days long	Clock faſt.
		1 48	14 38	4 34
Laſt quarter 3d day at 3 morn.	8	2 12	14 12	3 13
New Moon 10th day, at 2 morn	15	2 38	13 48	1 29
Firſt quarter 17th day, at 11 night	22	3 6	13 20	ſlow.
Full Moon 25th day, at 3 aftern.	29	3 32	12 54	2 53

1	c	**Lammas day.**	4 44	7 19	9A.	4	5	V. 9	face	12
2	d	Unſettled air.	4 46	7 17	9	37	5	55	neck	13
3	e	in many	4 48	7 15	10	18	6	53	throat	14
4	F	**9 S. af. Trin.**	4 47	7 13	11	10	8	0	arms	C
5	g	Places now	4 49	7 11	morn.		9	19	ſhou	16
6	a	Tranſfigur.	4 50	7 10	0	11	10	36	breaſt	17
7	b	abouts	4 52	7 8	1	24	11	50	ſtoma.	18
8	c	The wind	4 54	7 6	2	42	0A.	52	heart	19
9	d	high.	4 55	7 5	4	3	1	45	back	20
10	e	Laurence.	4 57	7 3	☽	ſets	2	36	bowel	21
11	F	**10 S. af. Trin.**	4 58	7 2	7A.	10	3	11	and	C
12	g	Now more	5 0	7 0	7	26	3	41	belly	23
13	a	calm, fair and	5 2	6 58	7	48	4	7	reins	24
14	b	ſeaſonable	5 4	6 56	8	10	4	41	loins	25
15	c	Aſſumption.	5 6	6 54	8	32	5	16	ſecret	26
16	d	for hay-har-	5 8	6 52	9	2	5	57	and	27
17	e	veſt.	5 10	6 50	9	39	6	48	bladd.	28
18	F	**11 S. af. Trin.**	5 12	6 48	10	21	6	41	thighs	C
19	g	Now expect	5 14	6 46	11	15	8	40	hips	30
20	a	bluſtring	5 16	6 44	morn.		9	52	knees	31
21	b	winds about	5 18	6 42	0	16	10	54	Sept.	1
22	c	the full	5 20	6 40	1	24	11	57	legs	2
23	d	Moon.	5 22	6 38	2	37	morn.		and	3
24	e	**St. Barthol.**	5 24	6 36	3	53	0	54	ancles	4
25	F	**12 S. af. Trin.**	5 25	6 35	☽	riſe	1	42	feet	C
26	g	**Dogdays end.**	5 27	6 33	6A.	27	2	33	toes	6
27	a		5 29	6 31	6	47	3	11	head	7
28	b	St. Auſtin.	5 31	6 29	7	15	3	44	face	8
29	c	Decol. J. Bapt.	5 33	6 27	7	45	4	19	neck	9
30	d		5 35	6 25	8	24	5	2	throat	10
31	e		5 37	6 23	9	12	5	51	arms	11

1751. September hath xxx Days.

Last quarter 1st day, at 10 morn.
New Moon 8th day, at 3 aftern
first quarter 16th day, at 5 aftern.
Full Moon 24th day at 2 morn.
Last quarter 30th day, at 6 aftern

	Days decr	Days long	Clock slow.
1	3 44	12 42	5 54
8	4 12	12 7	6 21
15	4 38	11 46	6 40
22	5 6	11 20	11 1
29	5 34	● 52	11 58

1	F	13 S. af. Trin.	5 39	6 21	10	4	13	6	M	52	shoul.	C
2	g	Lond burnt.	5 41	6 19	11	21	7		24		breast	13
3	a	Dry winds.	5 43	6 17	morn		8		2		stom.	14
4	b	Temperate	5 45	6 15	0	37	9		59		heart	15
5	c	good weather,	5 47	6 13	1	54	10		28		back	16
6	d	like to hold	5 49	6 11	3	1	11		37		bowel	17
7	e	for	5 51	6 9	4	24	0	A.	31		belly	18
8	F	14 S. af. Trin.	Nat.	V.M	☽	sets	1		23		reins	C
9	g	sown time,	5 55	6 5	6	A.	2		13		reins	20
10	a	with small	5 57	6 3	6	20	2		53		loins	21
11	b	showers.	5 59	6 1	6	46	3		24		secret.	22
12	c	Equal day & n.	6 0	6 0	7	14	3		54		blad	23
13	d	Windy.	6 2	5 58	7	48	4		21		der	24
14	e	Holy Rood.	6 4	5 56	8	26	5		0		thighs	25
15	F	15 S. aft. Trin.	6 6	5 54	9	14	5		39		hips	C
16	g	Unsettled	6 8	5 52	10	1	6		25		knees	27
17	a	Lambert Bp.	6 10	5 50	11	16	7		13		and	28
18	b	Ember Week	6 12	5 48	morn.		8		16		shans	29
19	c	weather.	6 14	5 46	0	24	9		22		legs	30
20	d	Now more	6 16	5 44	1	35	10		27		Ostob	1
21	e	St. Matthew.	6 18	5 42	2	4	11		30		feet	2
22	F	16 S. af. Trin.	6 20	5 40	4	8	morn.				toes	C
23	g	pleasant	6 22	5 38	☽	rise	0		28		head	4
24	a	for the sea-	6 24	5 36	5	A.	26		1		67	face	5
25	b	son.	6 26	5 34	5	55	2		15		neck	6
26	c	S. Cyprian	6 28	5 32	6	31	2		59		throat	7
27	d	Ruffling air,	6 30	5 30	7	19	3		36		arms	8
28	e	but mild at	6 32	5 28	8	16	4		14		shoul.	9
29	F	St. Michael.	6 34	5 26	9	24	5		2		breast	C
30	g	S. Jerom	6 36	5 24	10	37	5		54		breast	11
		the end.										

1751. October hath xxxi Days.			Days	Days decr	Day long.	Clock slow
			1	5 42	10 44	13 27
New Moon 8th day, at 6 morn.			8	6 10	10 8	14 53
First quarter 16th day, at 11 morn			15	6 36	9 50	15 51
Full Moon 23d day, at noon.			22	7 2	9 24	16 13
Last quarter 30th day, at 4 morn.			29	7 27	9 0	15 54

1	a	Remigius	5	38	5	22	1	A 52	7 M 58	stomac 12
2	b	Serene air,	6	40	5	20	morn		9 6	heart 13
3	c	and pleasant	6	42	5	18	1	6	10 11	back 14
4	d	at the begin-	6	44	5	16	2	21	11 A 9	bowels 15
5	e	ning of this	5	46	5	14	3	35	0	belly 16
6	F	18 S. aft. Trin	5	48	5	12	4	46	0 57	reins C
7	g	mon h.	5	50	5	10	5	58	1 41	and 18
8	a	Drymg winds	5	52	5	8	☽	sets	2 28	loins 19
9	b	St. Dennis.	5	54	5	6	5	A. 25	3 3	secrets 20
10	c	soon after.	5	56	5	4	5	54	3 37	bladd. 21
11	d	K. Geo. II. aro.	5	58	5	2	6	27	4 6	thighs 22
12	e	Driving	5	59	5	1	7	15	1 42	and 23
13	F	19 S. aft. Trin.	7	1	4	59	8	9	5 19	hips C
14	g	winds and	7	3	4	57	9	10	0	knees 25
15	a	rain, with	7	5	4	55	10	15	6 52	hams 26
16	b	cloudy wea-	7	7	4	53	11	25	7 44	legs 27
17	c	Ethelred.	7	8	4	52	morn		8 46	and 28
18	d	St. Luke Evan.	7	10	4	50	0	38	9 50	ancles 29
19	e	ther. Cold	7	12	4	48	1	54	10 52	feet 30
20	F	20 S. aft. Trin.	7	14	4	46	3	10	11 54	toes C
21	g	Ursula morn	7	16	4	44	4	28	morn	Nov. 1
22	a	Pa. Orange b.	7	18	4	42	6	0	0 53	face 2
23	b	Term begins	7	20	4	40	☽	rises	1 52	neck 3
24	c	ings and	7	21	4	39	5	A 14	2 47	throat 4
25	d	Crispin.	7	23	4	37	6	8	3 30	arms 5
26	e	evenings.	7	25	4	35	7	15	4 8	shoul 6
27	F	21 S. af Trin.	P. H. Fred.			born.			4 5	breast C
28	g	St. Sim. & Jude.	7	29	4	31	9	45	5 43	stomac 8
29	a	Rain or fleets	7	31	4	29	10	5	37	heart 9
30	b	K. Geo. II. bo.	7	32	4	28	morn.		7 33	back 10
31	c		7	34	4	26	0	15	3 31	bowels 11

1751. Novem. hath xxix Days

	Day.	Days decr	Days long	Clock flow.
	1	7 38	8 48	15 34
New Moon 7th day, at 2 morn	8	8 0	8 26	14 16
First quarter 15th day, at 1 morn.	15	8 18	8 8	12 18
Full Moon 21st day, at 10 at night	22	8 34	7 54	9 4
Last quarter 28th day, at 5 aftern	29	8 45	7 42	6 45

1	d	All Saints.	7	36	4	24	1m	28	9M	34	bowe. 2
2	e	Obſcure	7	37	4	23	2	37	10	33	belly 13
3	F	22 S. aft. Trin.	7	39	4	21	3	46	11	29	reins C
4	g	and dark	7	40	4	20	4	55	11	52	loins 15
5	a	Powder Plot.	7	42	4	18	6	1	0A.	22	ſecret 16
6	b	Leonard	7	43	4	17	)	ſets	1	7	blad. 17
7	c	weather.	7	45	4	15	3A.	30	1	57	thighs 18
8	d	Good weather	7	47	4	13	5	12	2	41	and 19
9	e	for the ſeaſon.	7	48	4	12	6	2	3	17	hips 20
10	F	23 S. aft. Trin.	7	49	4	11	6	59	4	19	knees C
11	g	Martinmas	7	50	4	10	8	3	4	5	hams 22
12	a	Calm and	7	52	4	8	9	15	5	21	legs 23
13	b	Brice B.	7	53	4	7	10	20	6	17	and 24
14	c	Pr. Wm. Hen. b.	7	54	4	6	11	31	7	5	ancles 25
15	d	Machutus.	7	56	4	4	morn		8	0	feet 26
16	e	ſettled air	7	57	4	3	0	43	8	58	toes 27
17	F	24 S. af. Trin.	7	59	4	1	2	0	10	3	head C
18	g	at preſent.	8	0	4	0	3	16	11	12	face 29
19	a	Prin Wales bo.	8	1	3	59	4	37	morn.		neck 30
20	b	Inclinable to	8	1	3	59	6	0	0	21	Decb. 1
21	c	rain or ſnow,	8	2	3	58	)	riſe	1	24	arms 2
22	d	Cæcilia.	8	3	3	57	4A.	4	2	27	ſhoul. 3
23	e	Crement.	8	4	3	56	5	55	3	16	breaſt 4
24	F	25 S. aft. Trin.	8	5	3	55	7	13	3	55	ſtom. C
25	g	Catherine	8	6	3	54	8	34	4	37	heart 6
26	a	with ſharp	8	7	3	53	9	51	5	18	back 7
27	b	winds, with	8	8	3	52	11	5	6	3	bowel 8
28	c	Term ends.	8	9	3	51	morn.		6	51	and 9
29	d	froſty air.	8	9	3	51	0	18	7	43	belly 10
30	e	St. Andrew	8	10	3	50	1	27	8	38	reins 11

1751. Decem. hath xxxi Days.			Days	Days dear	Days long	Clock slow.
			1	8 48	7 38	5 48
New Moon 6th day, 8 at night.			8	8 51	7 34	2 2
First quarter 14th day, at 4 afternoon			15	D in	7 36	fast
Full Moon 21st day, at 8 morn.			22	0 8	7 42	4 34
Last quarter 28th day, at 10 morn			29	0 18	7 52	7 41

1	F	Advent Sund.	8	11	3	49	2	M 34	9	M 35	loins	C
2	g	Frosty air.	8	11	3	49	3	42	10	34	secrets	13
3	a	Serene and	8	12	3	48	4	50	11	33	and	14
4	b	Barbara.	8	12	3	48	5	51	0	A. 27	bladd.	15
5	c	pleasant.	8	12	3	48	6	50	1	28	thighs	16
6	d	Nicholas.	8	12	3	48	☽	sets	2	7	hips	17
7	e	Q. Denm. bo.	8	12	3	48	4	A. 42	2	51	knees	18
8	F	2 ☉. in Advent.	Con		cep.		5	44	3	27	and	C
9	g	Snow or	8	13	3	47	6	49	3	59	hams	20
10	a	rain, with	8	13	3	47	7	57	4	23	legs	21
11	b	showers.	8	13	3	47	9	6	4	58	ancles	22
12	c	Cold and	8	13	3	47	10	18	5	34	feet	23
13	d	Lucy. cloudy	8	12	3	48	11	31	6	17	toes	24
14	e	Fair & frosty.	8	12	3	48	morn.		7	9	head	25
15	F	3 S in Advent	8	12	3	48	0	50	8	6	and	C
16	g	O Sapientia.	8	12	3	48	2	2	9	14	face	27
17	a	Now abou.s	8	12	3	48	3	18	10	28	neck	28
18	b	Ember Week.	8	11	3	49	4	3	11	45	throat	29
19	c	sharp air.	8	11	3	49	5	55	morn.		arms.	30
20	d	Fluttering	8	10	3	50	7	5	0	55	shoul.	31
21	e	St. Thomas.	8	10	3	50	☽	rise	2	0	Janua	1
22	F	4 S. in Advent	8	9	3	51	5	A. 51	2	53	1752.	B
23	g	wind, rain,	8	8	3	52	7	10	3	33	heart	3
24	a	or snow.	8	8	3	52	8	32	4	6	back	4
25	b	Christ born.	8	7	3	53	9	47	4	44	bowels	5
26	c	St. Stephen.	8	7	3	53	11	0	5	20	belly.	6
27	d	St. John Evan.	8	6	3	54	morn.		6	1	reins	7
28	e	H. Innocents.	8	5	3	55	0	16	6	47	loins	8
29	F	1 S. aft. Christ.	8	4	3	56	1	19	7	38	secrets	B
30	g	P.S. Eliz. born.	8	3	3	57	2	24	8	34	blad	10
31	e	Sylvester	8	2	3	58	3	28	9	35	der	11

Of the Eclipses, for this present Year.

THERE will be four Eclipses this Year; two of the Sun, and two of the Moon, as follows.

The first is of the Sun, on *Tuesday* the 14th of *May* at 1 in the Morning, therefore invisible.

The Second is a visible Eclipse of the Moon, on *Wednesday* the 29th of *May* early in the Morning; beginning the 28th, 2 m before Midnight, the Middle 41 m. after 1 in the Morning of the 29th, when the Moon will be 11 Digits eclipsed; the Eclipse ends 23 m. after 3 in the Morning, having continued 3 h 25 m.

The Third is another invisible Eclipse of the Sun, on the 7th of *November*, at 1 in the Morning.

The Fourth and last Eclipse is of the Moon, on *Thursday* the 21st of *November*, at 10 at Night and visible; it begins 18 m. after 8; the Middle, or greatest Darkness, will be at 43 m. after 9, when the Moon will be 9 Digits eclipsed, the End 8 m. after 11 at Night, having continued 2 h. 50 m.

Jupiter is Occidental or an Evening Star till the 28th of *April*, when he becomes Oriental and a Morning Star; and continues so till the 17th of *November*, when he again becomes Occidental and an Evening Star, till *June* 2, 1752.

Mars is an Oriental or Morning Star till *September* 3; from thence he again becomes Occidental and an Evening Star, till *September* 7, 1752.

Venus is an Evening Star till the 20th of *October*, when she becomes Oriental and a Morning Star, till *August* 5, 1752.

To the READER.

I Have obſerved that moſt of the Almanacks now wrote contain many Things not neceſſary or uſeful in the common Occaſions of Life. Some amuſe their Readers with merry Stories, Riddles, or abſtruſe Queſtions; ſuch will find their Admirers limited to a ſmall Number, for moſt People buy an Almanack in order to be informed of ſuch Matters and Things which have an immediate Tendency to that Year, for which the Almanack was wrote; others fill their Almanacks with Aſtrological Cant, Jargon, and ſtale inſignificant Verſe of no real Uſe or Satisfaction to the intelligent and rational Part of Mankind, but are mere Amuſements to catch the Vulgar, and impoſe upon their Time and Underſtanding; many of them inſert in their Calendars the Places, Motions, and Aſpects of the Planets; but this too is of as little Uſe and Benefit to the Bulk of Mankind, as any of the other mentioned Amuſements, for I am well ſatisfied that not one Man in a Thouſand underſtands an Ephemeris, and not one in Ten thouſand that has occaſion to make uſe of one. I have avoided all ſuch trifling, inſignificant, and oſtentatious Articles, and inſerted ſuch Matter only as will be of real Uſe and Advantage to all Sorts of Men, Learned or Vulgar. I ſcarce need enter into a Detail or Explanation of the ſeveral Pages or Columns herein contained, becauſe every Thing is made ſo plain and eaſy, that any indifferent Perſon (whoſe Occaſions require them to make uſe of an Almanack) will readily enough underſtand it at firſt View; and he will here find all that he wants in the Science of Time, to conduct him with Safety and Satisfaction throughout the whole Year's Revolution.

The latter Part of this Almanack contains a ſafe Directory towards the attaining and preſerving of Health, a Subject every one muſt own to be of the firſt Concern to human Life, and what all Perſons, eſpecially the Heads and Directors of Families, ought to be acquainted with; for what is Life, or what are all the Concerns of

Life, without Health? You have there a valuable Catalogue of some of the most useful Herbs and Plants of *English* Growth, with the Planets they are under, and the proper Time and Seasons of gathering them, as also the only true Method of drying and preserving them, so as to retain their true Astral Qualities and Balsamic Virtues, whereby they are rendered of wonderful more Efficacy in the curing of Distempers, than those Herbs that are gathered without Rule, and dried without Judgment. Many learned and great Men have recommended the Use of Vegetables, as the most certain, the most safe, the most natural and easiest Method for curing almost all Distempers incident to Mankind. Who can justly conceive, and sufficiently admire the Varieties of the Smells and Tastes of Plants, their Force and Power to exhilarate and revive the Spirits, warm and move the Blood, or cool the Flames of a burning Fever: The Colours and the discriminating Forms of Plants may please and entertain the Eye; but the Physician, who enters into them, and passes through their several Contextures, discovers those gummy or watry Compositions, of the more subtile and spirituous Mixtures, which are ready to break forth and exert their Power to preserve and continue Life. Nature has, in every Plant, contrived a wondrous Composition out of her Element and Principles, distinguishable even by our common Senses, and commanded it to be given by itself, or infused, or boiled in Water or Wine. The fraudulent Physician analyses and destroys their radical Virtues, by turning them into a vapid insipid Water, or a stinking and burning Oyl; but the true way of producing their generous and healing Qualities you will find in the latter Part of this Almanack: for which, if observed with due Care, you will have Occasion to thank

Your Friend and Servant,

N. C.

Anno Dom.
1605
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Anno Dom.	*A brief Chronology of memorable Things,* 1751.	Years since
1605	GUN-Powder Treason, *Nov.* 5	146
1613	The New River Water brought to *Lond.*	138
1625	35,417 Persons died of the Plague in *London*	126
1641	The cruel *Irish* Massacre began, *October* 23	110
1649	K. *Charles* I. barbarously murdered, *Jan.* 30	102
1658	*Oliver Cromwell* died *September* 3	93
1660	K. *Charles* II. restored, *May* 29	91
1662	A great Storm in *London*, *February* 18	89
1665	68,586 Persons died of the Plague in *London*	86
1666	13 200 Houses burnt in *London*, *Sept.* 2. 3. 4 / The *Eng.* Fleet beat the *Dutch* Fleet, *July* 25	85
1669	The Royal Exchange rebuilt and open'd, *Sept.* 20	82
1680	A great and splendid Comet appeared in *Dec.*	71
1682	Another Comet appeared in *September*	69
1684	The great Frost held 13 Weeks, began *Dec.* 1683	67
1685	K. *Charles* II. died *Feb.* 6, and K. *James* II. procl. / The D. of *Monmouth* beheaded, *July* 15	66
1688	Seven Bishops sent to the Tower, *June* 8	63
1689	K. *William* and Q. *Mary* crowned, *April* 11	62
1692	The *French* Fleet entirely defeated, *May* 19	59
1696	A Plot for assassinating K. *William* discovered	55
1702	K. *Will.* died, *March* 8, and Q. *Anne* proclaimed	49
1703	A great and terrible Wind, *Nov.* 26 and 27	48
1704	*Gibraltar* taken by the *English*, *July* 24	47
1707	*England* and *Scotland* united, *May* 1	44
1710	Tumults and great Disturbances in *England*	41
1714	Q. *Ann* died, and K. *Geo.* I. proclaimed, *Aug.* 1	37
1715	A Rebellion in the North of *Eng.* suppress'd / A great Frost, and very severe Winter	36
1716	The North Lights became first remarkable *Mar.* 6	35
1719	A surprising Meteor, *Mar.* 19, at 8 at Night	32
1720	The memorable *South Sea* Year	31
1727	K. *Geo.* I. died and King *Geo.* II. p'ocl. *June* 11	24
1736	The Pr. and Prs. of *Wales* married, *Ap.* 27	15
1737	The hopeful Princess *Augusta* born *July* 31 / The excellent Q *Caroline* died, *Nov.* 20	14 / 13
1738	The hopeful Prince *George* born, *May* 24	
1739	The hopeful Prince *Edward* born, *March* 14	12
1740	The hopeful Princess *Elizabeth* born, *Dec.* 30	11
1740	A very severe Frost from *Dec.* 25 to *Feb.* 27.	11
1748	A General Peace, signed *Octob.* 7.	3

A Table of the Rising, Southing, and Setting of the Pleiades, or Seven Stars, for every Fifth Day in the Year, of excellent Use to find the Hour of the Night.

Mon	Day	Rise. H.	Rise. M.	South H.	South M.	Sets. H	Sets. M.
Jan.	1	11	M 39	7	A. 56	4	M 13
	6	11	17	7	34	3	51
	11	10	56	7	13	3	30
	16	10	35	6	52	3	9
	21	10	15	6	32	2	49
	26	9	55	6	12	2	20
Feb.	1	9	31	5	48	2	5
	6	9	12	5	29	1	46
	11	8	52	5	9	1	26
	16	8	34	4	51	1	8
	21	8	15	4	32	12	A. 49
	26	7	56	4	13	12	30
Mar.	1	7	45	4	2	12	19
	6	7	20	3	44	12	1
	11	7	7	3	24	11	41
	16	6	49	3	6	11	23
	21	6	31	2	48	11	5
	26	6	12	2	30	10	47
Apr.	1	5	55	2	8	10	32
	6	5	33	1	50	10	12
	11	5	14	1	31	9	52
	16	4	55	1	12	9	32
	21	4	37	0	54	9	12
	26	4	17	0	34	8	52
May	1	3	58	0	15	8	28
	6	3	38	11	M 55	8	12
	11	3	18	11	35	7	52
	16	2	58	11	15	7	32
	21	2	38	10	56	7	12
	26	2	18	10	35	6	52
June	1	1	58	10	11	6	28
	6	1	38	9	49	6	6
	11	1	12	9	20	5	46
	16	12	A. 51	9	8	5	25
	21	12	30	8	42	5	4
	26	12	10	8	27	4	44
July	1	11	A. 49	8	M 6	4	A. 23
	6	11	29	7	46	4	3
	11	11	9	7	26	3	43
	16	10	49	7	6	3	23
	21	10	30	6	47	3	4
	26	10	10	6	27	2	44
Aug.	1	9	48	6	5	2	22
	6	9	29	5	46	2	1
	11	9	10	5	27	1	44
	16	8	52	5	9	1	26
	21	8	30	4	51	1	8
	26	8	16	4	33	0	50
Sept.	1	7	54	4	11	0	28
	6	7	36	3	53	0	10
	11	7	18	3	35	11	M 52
	16	6	58	3	16	11	33
	21	6	40	2	57	11	14
	26	6	22	2	39	10	56
Oct.	1	6	4	2	21	10	38
	6	5	45	2	2	10	19
	11	5	26	1	43	10	00
	16	5	7	1	24	9	41
	21	4	48	1	5	9	22
	26	4	28	0	4	9	2
Nov.	1	4	4	0	21	8	38
	6	3	43	0	A. 0	8	17
	11	3	23	11	40	7	57
	16	3	1	11	18	7	35
	21	2	40	10	57	7	14
	26	2	18	10	35	6	52
Dec.	1	1	56	10	13	6	30
	6	1	34	9	51	6	8
	11	1	12	9	29	5	46
	16	0	M 50	9	7	5	25
	21	0	28	8	45	5	2
	26	0	6	8	23	4	40

A Table

A Table of some principal fixed Stars, with the Time they Rise, South, and Set, either before or after the Seven Stars, as also their Colour, Magnitude, and Meridian Altitude, by which they may be readily discovered.

Colour	Deg.	Min.	Mag.	Names of the Stars.	Rise h.	Rise m.	South h.	South m.	Sets h.	Sets m.
♂	53	1		*Aldebaran or Bull's Eyes*	1 a	54	0 a	40	0 b	0
♄ ♈	29	1		*Left Foot of Orion*	4	31	1	31	1	34
♈ ♄	36	2		*Middle * in Orion's Belt*	4	13	1	51	0	35
♂ ☿	45	1		*Right Shoulder of Orion*	3	23	2	8	0	8
☿ ♂	21	1		*Syrius, the great Dog*	6	51	3	1	0	48
♂	43	2		*Procyon, the little Dog*	5	33	3	53	2 a	7
♄ ☿	30	1		*Heart of Hydra*	8	39	5	41	2	44
♈ ♂	51	1		*Regulus, Lyon's Heart*	7	26	6	21	5	16
☿	54	1		*The Lyon's Tail, Deneb.*	8	42	7	54	7	7
☿ ♂	28	1		*Virgin's Spike*	12	46	9	38	6	36
♂ ♈	58	1		*Arcturus*	10	47	10	30	10	12
♂	12	1		*Antares, the Scorpion's H.*	17	36	12	39	7	42
♄ ☿	16	2		*Bright * of the Vulture*	17	38	16	3	9 b	27
☿ ☿	6	1		*Pomahant*	1	14	19	11	10	37
♈ ☿	55	2		*Head of Andromeda*	19	43	10	19	2	59

The brightest of the Seven Stars is of the third Magnitude, and hath 61 Degrees of *Meridian* Altitude, and in Colour participates of the ☽ and ☿.

The fixed Stars all rise, south, and set about 4 Min. sooner every Night, than they did the Night before; this considered, the exact Time of their Rising, Southing and Setting, for any intermediate Night, not herein noted, may be very easily deduced from these Tables by Inspection only.

To know the Time of the Rising, Southing, and Setting of any Star in this Table, for any Day required, it is but considering how many Hours and Min. that Star rises, souths, or sets, either before or after the Seven Stars on that Day, and you will have your Desire.

Note, That in this Table a stands for after, and b for before.

The Anatomy of a Man's Body.

The Names and Characters of the Twelve Signs.

♈	Aries Head and Face	♎	Libra Reins and Loins
♉	Taurus Neck and Throat	♏	Scorpio Secret Members
♊	Gemini Arms and Shoulders	♐	Sagittarius the Thighs
♋	Cancer Breast and Stomach	♑	Capricornus the Knees
♌	Leo Heart and Back	♒	Aquarius the Legs
♍	Virgo Bowels and Belly	♓	Pisces the Feet.

The Characters, Names, and Nature of the 7 Planets.

♄	Saturn Cold and dry	♀	Venus Cold and moist
♃	Jupiter Hot and moist	☿	Mercury Variable
♂	Mars Hot and dry	☾	Luna Cold and moist.
☉	Sol Hot and dry.		

A Tide Table, and its Use.

THE Seventh Column in every Month in the foregoing Calendar is the Time of High-water at *London Bridge*, which observed, you may find the Times of High-water at any of the following Places; thus,

Subtract from the Time of High-water at *London-Bridge* for the Time of High-water

At Portsmouth, Southampton, Queenborough, Isle of Wight, and Kentish Knock,	3
At Rochester, Flushing, Aberdeen, and Redhond,	2
At Gravesend, Downs, Guernsey, Rumney, Bell-isle, Holy-isle and Thanet, Scilly,	1

Add to the Time of High-water at *London Bridge* for the Time of High-water

At Tinmouth, Whitby, Hartlepool, Shetland, Flamborough-head, Britain S. Coasts, and Ireland W. Coasts,	0 0
At Scarborough, Mount's Bay, Bridlington Bay, Severn, Dunbar, Staples,	1 0
At Newcastle, Ramsey, Dartmouth, Humber, Lizard, Foy, and Ireland South Coasts,	2 0
At Lynn, Foldyke, Cross Keys Washes, Hull, Plymouth, Bristol, and St. Davids,	3 0
At Boston, Bristol Key, Foulness, Weymouth, Land's End, and Start Point,	4 0
At Milford Haven, Bridgewater, Caskets without, Portland, Dublin, Lane Bay, and Exeter,	5 0
At Yarmouth, the Needles, Pool, Isle of Man, Orkney, North and South Foreland,	6 0
A Dover, Dunwich, Harwich, Seyn Head, Calais Road, Normandy Coasts,	7 0
At Rye, Solchay, Margate Road, Winchelsea, Rhodes, Goose,	8 0

EXAMPLE.

SUppose on any Day the Time of High-water at *London-Bridge* is 4 *h.* 39 *m.* if you subtract two Hours therefrom, it leaves 2 *h.* 39 *m.* for the Time of High-water at *Rochester*, *Flushing*, *Aberdeen*, &c. But if to 4 *h.* 39 *m.* the Time of High-water at *London-Bridge*, you add two Hours, you will have 6 *h.* 39 *m.* for the Time of High-water at *Newcastle*, the *Lizard*, *Humber*, &c. and so for any other Place named in this Table.

I have designedly avoided Minutes in this Table, that the Operation of Subtraction and Addition may be the more easily performed, and also because of the little Use there is in retaining them; for the Motion and Time of a Tide being subject to many Accidents, not any Table can secure you of the true Time to fifteen or twenty Minutes.

A plain and eaſy Table, ſhewing the true Intereſt due upon any Sum of Money, from Five Shillings to an Hundred Pounds for a Year, or under, after the Rate of Five Pounds in the Hundred.

		1 Month.			3 months			6 months			9 months			A Year.		
		ſh.	p.	q.	ſh.	p.	q.	ſh	p.	q.	ſh.	p.	q.	ſh	p.	q.
Shil.	5	0	0	1	0	0	3	0	1	2	0	2	1	0	3	0
	10	0	0	2	0	1	2	0	3	0	0	4	2	0	6	0
	15	0	0	3	0	2	1	0	4	2	0	6	3	0	9	0
		l.	ſh.	p	l.	ſh.	p.	l.	ſh	p.	l.	ſh	p.	l.	ſh.	p
Pounds.	1	0	0	1	0	0	3	0	0	6	0	0	9	0	1	0
	2	0	0	2	0	0	6	0	1	0	0	1	6	0	2	0
	3	0	0	3	0	0	9	0	1	6	0	2	3	0	3	0
	4	0	0	4	0	1	0	0	2	0	0	3	0	0	4	0
	5	0	0	5	0	1	3	0	2	6	0	3	9	0	5	0
	6	0	0	6	0	1	6	0	3	0	0	4	6	0	6	0
	7	0	0	7	0	1	9	0	3	6	0	5	3	0	7	0
	8	0	0	8	0	2	0	0	4	0	0	6	0	0	8	0
	9	0	0	9	0	2	3	0	4	6	0	6	9	0	9	0
Tens of Pounds.	10	0	0	10	0	2	6	0	5	0	0	7	6	0	10	0
	20	0	1	8	0	5	0	0	10	0	0	15	0	1	0	0
	30	0	2	6	0	7	6	0	15	0	1	2	6	1	10	0
	40	0	3	4	0	10	0	1	0	0	1	10	0	2	0	0
	50	0	4	2	0	12	6	1	5	0	1	17	6	2	10	0
	60	0	5	0	0	15	0	1	10	0	2	5	0	3	0	0
	70	0	5	10	0	17	6	1	15	0	2	12	6	3	10	0
	80	0	6	8	1	0	0	2	0	0	3	0	0	4	0	0
	90	0	7	6	1	2	6	2	5	0	3	7	6	4	10	0
	100	0	8	4	1	5	0	2	10	0	3	15	0	5	0	0

Find the Principal in the Firſt Column, and in the other you have the Intereſt due for 1, 3, 6, 9, or 12 Months.

Part the Second:

Containing a New and Curious *English* Herbal and Phyſical Directory, neceſſary to be conſulted by all Sorts of Perſons.

ASTrology, ſaith the learned *Severtus* in his Practice of Phyſic, is a Science highly becoming the Phyſician to be acquainted with. Nor is it to be contended (ſaith he) that every Plant or Herb is under a peculiar Planet, becauſe we do find by Experience, that Heaven acteth upon Things below, not only by Heat and Light, but by a ſecret and occult Virtue; and therefore the Aſpects of the Stars ought to be obſerved in the gathering of Plants and Herbs.

And this is not the Opinion of *Severtus* only, but of almoſt all the ancient learned Phyſicians and Philoſophers; as the great *Hermes Triſmegiſtus*, *Hippocrates*, *Galen*, *Paracelſus*, and other illuminated Fathers in the Art of Phyſic. This noble Science hath alſo had its Admirers amongſt the moſt famous and worthy Doctors of the laſt Age, as the great *Cardanus* of *Italy*, *Morinus* of *France*, our learned and pious Dr. *Napier*, and many others.

It is a great Misfortune to Mankind, that the learned Gentlemen of that Faculty in this Age, do ſo much neglect this moſt beautiful and neceſſary Part of their Art, which by a moſt harmonious Concatenation of Intelligences does more divinely illuminate the intellectual Part of Mankind, and furniſhes his mind with ſuch deep and profound Myſteries, as would have never otherwiſe been infuſed into him.

However difficult and defective Aſtrology may be found, when applied to Nativities, Mundane Affairs, or Meteorological Viciſſitudes, occaſioned by the Want of a Treaſure of proper Obſervations and Experience to regulate our Judgments by, yet when applied to Phyſic or Agriculture, the Modus of the Stars Influence becomes more certain, and their Effects more eaſily diſcoverable.

Herbs

Herbs and Plants under *Saturn* ♄, and the proper Seasons to gather them in, their Virtues being then at the highest.

April and *May*.

Buckthorn,
Plantane,
Comfry,
Cross-wort,
Elm Tree,
Flexweed
Fumitory,
Water-fern,
Peach Tree,
Snake-weed.

May and *June*.

Arsmart,
Clown's-Woundwort,
Heart's-ease,
Sciatica Cresses,
Knap-weed,
Knot-grass,
Red Beets,
Solomon's-seal,
Servis Tree,
Shepherd's-purse,
Horse-tail,
Tamarish Tree,
Thoroughleaf,
Stinking Gladwine.

June and *July*.

Amaranthus,
Bysoyle,
Blue-bottle,
Wild Campions,
Dodders,
Gout-wort,
Hemlock,
Henbane,
Nightshade,
Rupture-wort,
Spleen-wort,
Wound-wort.

August and *Septemb*.

Devil's-bit,
Bistorte,
Pellitory of the Oak.

October and *Novemb*.

Black Thorn,
Hemp,
Hawk-weed,
Loose-strife,
Medler,
Poplar Tree,
Quince Tree,
Moss.

December.

Black Hellebore,
Joy.

Days when to gather the Herbs of *Saturn*.

Ap. 2, 12, 22 30.
May, 9, 19, 27.
June 5, 15, 23.
July 2, 12, 30.

August 9, 17. 26.
September, 5, 14. 23.

October 2, 11, 20, 30.
November 8, 17, 27.
December 5, 14, 24.

Herbs

Herbs and Plants under Venus ♀.

April and *May*.	*June* and *July*	Days.
Bill-berries,	Agremony,	April 3, 12, 22,
Chervil,	Asparagus,	May 2, 19, 28.
Chesnut,	Clove-gilli-flowers,	June 6, 16, 24.
Scurvy-Grass.	Fig Tree,	July 3, 13, 22, 31.
	House-leek,	
May and *June*.	Long-wort,	
Alexander,	Sage,	
Avens,	Samphire,	
Balm,	Sucory.	
Copmary,	*August* and *September*.	Aug. 10, 18, 27.
Cinquefoil,	Hazle Tree.	September 10, 14, 23.
Dog's-grass,	*October* and *November*.	October 3, 11, 20, 29.
Endive,	Liver-wort,	Novemb. 8, 16, 26.
Roses,	Horse-tongue.	
White Beets,		
Wood betony.		

Herbs and Plants under *Mars* ♂.

June and *July*.	*August*,	Days.
Thistle,	Groundsell,	May 31.
Cotton Thistle,	Butcher-broom,	June 9, 19, 27.
All-heal,	Broom,	July 6, 16, 24.
Barberries,	Haw-thorn,	August 2, 12, 21, 30.
Carduus Benedictus,	Nettles,	
Dove's Foot,	Rhubarb.	
Dragones,	*September*.	
Furz-bush,	Fleet-wort,	September 9, 18, 28.
Garlick,	Mustard,	
Master-wort,	Taper-wort,	
Pepper-wort,	Wormwood.	
Ground-pine,	*October* and *November*.	October 8, 17, 27.
Rest-harrow,	Madder,	November 6, 14, 25.
Round Docks.	Onyons.	

Herb

Herbs and Plants under *Venus*, ♀.

April and *May*.	Days.
Alehoofe,	April 4, 15, 25, 30.
Archangel,	May 4, 15, 26.
Beans,	June 3, 15, 24.
Black Elder,	July 3, 15, 24.
Colt's-foot,	
Cowslips,	
Collibine,	
Elder Tree,	
Cherry Tree,	
Daisies,	
Lady's-mantle,	
Self-heal,	
Wood-sorrel,	
Pennyroyal.	

May and *June*.	Days.
Fetherfew,	
Damask Roses,	
Groundsel,	
Artichoaks,	
Honeysuckles,	
Mint,	
Money-wort,	
Plantane,	
Strawberries.	

June and *July*.	Days.
Askanot,	
Beech Tree,	
Blackberry-bush,	
Burdox,	
Camomile,	
French Beans,	
Fig-worth,	
Gromil,	
Gooseberry-bush,	
Horehound,	
Mother-wort,	
Mother-of-thyme,	
Mug-wort,	
Rag-wort,	
Woodsalse,	
Vervine,	
Sow-thistle,	
Sothernwood.	

August and *September*.	Days.
Fox-glove,	August 3, 15, 03.
Darnel,	September 3, 13, 22.
Eringo,	
Peach Tree,	
Wheat,	
Yarrow.	

October and *November*.	Days.
Parsnips.	October 3, 12, 22.
	November 2, 11, 22.

Herbs and Plants under *Mercury*, ☿.

May and *June*.	*July*.	Days.
Amara Dulces,	Scabions,	May 4, 16, 26.
Dill,	Smallage,	June 5, 16, 25.
Fern,	Savory.	July 4, 14, 22, 30.
Fennel,		
Parsley,		
Pellitory, of *Spain*,		
Germender,		
Lillies of the Valley.		

October and *November*.	Days.
Liquorish,	October 2, 10, 21, 30.
Maiden's-hair,	Nov. 7, 11, 16, 27.
Sweet Marjoram.	

Herbs

Herbs under *Sol*, or the Sun ☉.

April, *May*, and *June*.	*June* and *July*.	Days.
Butter-bur,	St. John's-wort,	April 16, 26.
One-blade,	Marigolds,	May 15, 25.
Angelica,	Miſſeto,	June 14, 24.
Burnet,	Small Centry,	July 21, 22.
Cellendine,	Tormentile.	
Eyebright,		
Pimpernel,	*Auguſt* and *September*.	
Roſe-a-ſolis,	Aſh Tree,	Auguſt 12, 21.
Roſemary,	Bay Tree,	September 6, 10, 19.
Rue,	Piony,	October 10, 20.
Walnut Tree.	Saffron.	
	October and *November*.	November 8, 18.
	Juniper-buſh.	

Herbs under *Luna*, or the Moon, ☽.

April, *May*, and *June*,	Poppy,	Days.
Adder's tongue,	Rattle-graſs,	April 2, 12, 21.
Clary,	White Roſes.	May 1, 9, 18, 28.
Cultropes,		June 5, 14, 24.
Chick-weed,	*July*.	July 2, 12, 22, 30.
Coral wort,	Clivers,	
Water-creſſes,	Cucumbers,	
Duck-meat,	Water Flags,	
Fleur-de-lis,	Water Lilly,	
Ladyſmock,	Flewelling,	
Lettice,	Purſlain,	
Moon-wort,	Saxafrage,	
Mouſe-ear,	Willow Tree,	
Orpine,	Looſe ſtrife.	

A Table

TABLE I.

A Table of the Six Planetary Hours from Sunrising to Noon.

Days	1. h.	m.	2. h.	m.	3. h.	m.	4. h.	m.	5. h.	m.	6. h.	m.	Days	
	1	7	15	8	13	9	10	10	6	11	3	12	0	21
	6	7	6	8	5	9	4	10	2	11	1	12	0	15
Mar.	11	6	57	7	58	8	58	9	59	11	0	12	0	10
	16	6	48	7	50	8	53	9	55	10	58	12	0	5
	21	6	39	7	43	8	48	9	52	10	56	12	0	31
	26	6	30	7	36	8	42	9	48	10	54	12	0	26
	1	6	21	7	29	8	37	9	45	10	52	12	0	20
	6	6	13	7	22	8	32	9	41	10	51	12	0	15
Apr.	11	6	5	7	15	8	26	9	38	10	50	12	0	10
	16	5	57	7	9	8	22	9	35	10	48	12	0	5
	21	5	49	7	3	8	17	9	31	10	46	12	0	31
	26	5	41	6	57	8	13	9	28	10	44	12	0	25
	1	5	34	6	51	8	9	9	26	10	43	12	0	20
	6	5	27	6	45	8	4	9	23	10	41	12	0	15
May	11	5	21	6	41	8	1	9	21	10	40	12	0	10
	16	5	16	6	37	7	58	9	18	10	39	12	0	5
	21	5	11	6	35	7	55	9	16	10	38	12	0	30
	26	5	7	6	32	7	53	9	15	10	37	12	0	25
	1	5	4	6	28	7	51	9	14	10	37	12	0	20
June	6	5	2	6	26	7	49	9	13	10	36	12	0	15
	11	5	0	6	24	7	48	9	13	10	36	12	0	10
Sept.	21	7	10	8	13	9	10	10	6	11	3	12	0	28
	26	7	24	8	19	9	15	10	10	11	5	12	0	23
	1	7	32	8	26	9	20	10	14	11	7	12	0	18
	6	7	40	8	33	9	25	10	17	11	8	12	0	13
	11	7	48	8	40	9	30	10	20	11	10	12	0	8
Oct.	16	7	57	8	48	9	35	10	23	11	11	12	0	3
	21	8	6	8	54	9	40	10	27	11	13	12	0	28
	26	8	14	9	0	9	45	10	30	11	14	12	0	24
	1	8	22	9	7	9	50	10	34	11	17	12	0	18
	6	8	30	9	11	9	55	10	37	11	18	12	0	13
	11	8	37	9	18	9	59	10	39	11	20	12	0	8
Nov.	16	8	42	9	22	10	2	10	42	11	21	12	0	3
	21	8	47	9	26	10	5	10	44	11	22	12	0	30
	26	8	52	9	30	10	8	10	45	11	23	12	0	25
	1	8	56	9	33	10	10	10	46	11	24	12	0	20
Dec.	6	9	0	9	35	10	12	10	47	11	24	12	0	15
	11	9	2	9	37	10	13	10	48	11	25	12	0	10
Days	1.		2.		3.		4.		5.		6.		Days	

Planetary Hours before Noon.

TABLE I.

A Table of the Six Planetary Hours from Noon to Sunsetting.

Days	7. h m.	8. h. m.	9. h. m.	10. h m.	11. h. m.	12. h. m.	Days	
March	1 0 56	1 53	2 51	3 48	4 45	5 42	25	September
	6 0 58	1 57	2 56	3 55	4 54	5 53	15	
	11 1 0	2 1	3 2	4 2	5 3	6 4	10	
	16 1 2	2 4	3 7	4 9	5 12	6 14	5	
	21 1 4	2 8	3 13	4 17	5 21	6 25	31	
	26 1 6	2 12	3 18	4 24	5 30	6 36	26	
April	1 1 8	2 16	3 24	4 32	5 41	6 37	20	August
	6 1 10	2 19	3 29	4 38	5 48	6 57	15	
	11 1 12	2 23	3 34	4 44	5 56	7 7	10	
	16 1 13	2 26	3 39	4 51	6 4	7 17	5	
	21 1 14	2 29	3 43	4 57	6 12	7 26	31	
	26 1 16	2 32	3 48	5 3	6 19	7 35	25	
May	1 1 17	2 34	3 52	5 9	6 26	7 42	20	July
	6 1 19	2 37	3 56	5 15	6 34	7 51	15	
	11 1 20	2 39	3 59	5 19	6 39	7 59	10	
	16 1 21	2 42	4 3	5 23	6 44	8 5	5	
	21 1 22	2 44	4 6	5 27	6 48	8 10	30	
	26 1 23	2 46	4 8	5 30	6 52	8 14	25	
June	1 1 24	2 47	4 10	5 32	6 55	8 18	20	June
	6 1 25	2 48	4 11	5 34	6 57	8 20	15	
	10 1 26	2 49	4 12	5 35	6 58	8 22	10	
September	21 0 58	1 55	2 52	3 49	4 46	5 42	28	
	26 0 56	1 51	2 46	3 41	4 36	5 32	23	
October	1 0 54	1 47	2 40	3 33	4 26	5 20	18	February
	6 0 52	1 43	2 35	3 27	4 18	5 10	13	
	11 0 50	1 40	2 30	3 20	4 10	5 0	8	
	16 0 48	1 36	2 24	3 12	4	4 50	3	
	21 0 46	1 33	2 20	3 6	3 54	4 40	28	
	26 0 44	1 30	2 15	3 0	3 45	4 30	24	
November	1 0 42	1 26	2 10	2 53	3 37	4 21	19	January
	6 0 41	1 23	2 5	2 47	3 30	4 12	14	
	11 0 40	1 21	2 2	2 43	3 24	4 5	9	
	16 0 39	1 18	1 58	2 38	3 18	3 58	4	
	21 0 38	1 16	1 55	2 34	3 13	3 52	30	
	26 0 37	1 14	1 52	2 30	3 8	3 47	26	
December	1 0 36	1 13	1 50	2 28	3 5	3 43	20	December
	6 0 35	1 12	1 49	2 27	3 4	3 42	25	
	10 0 35	1 12	1 49	2 27	3 4	3 42	10	

Days	7.	8.	9.	10.	11.	12.	Days
	Planetary Hours after Noon.						

A Table shewing what Planet governs any Hour from Sun rising to Noon.

Days.	1 Hour.	2 Hour.	3 Hour.	4 Hour.	5 Hour.	6 Hour.
Sunday	Sun	Venus	Mercury	Moon	Saturn	Jupiter
Monday	Moon	Saturn	Jupiter	Mars	Sun	Venus
Tuesday	Mars	Sun	Venus	Mercury	Moon	Saturn
Wednesday	Mercury	Moon	Saturn	Jupiter	Mars	Sun
Thursday	Jupiter	Mars	Sun	Venus	Mercury	Moon
Friday	Venus	Mercury	Moon	Saturn	Jupiter	Mars
Saturday	Saturn	Jupiter	Mars	Sun	Venus	Mercury

A Table shewing what Planet rules any Hour from Noon to Sun setting.

Days.	7 Hour.	8 Hour.	9 Hour.	10 Hour.	11 Hour.	12 Hour.
Sunday	Mars	Sun	Venus	Mercury	Moon	Saturn
Monday	Mercury	Moon	Saturn	Jupiter	Mars	Sun
Tuesday	Jupiter	Mars	Sun	Venus	Mercury	Moon
Wednesday	Venus	Mercury	Moon	Saturn	Jupiter	Mars
Thursday	Saturn	Jupiter	Mars	Sun	Venus	Mercury
Friday	Sun	Venus	Mercury	Moon	Saturn	Jupiter
Saturday	Moon	Saturn	Jupiter	Mars	Sun	Venus

To understand these preceding Tables aright, you must take Notice, that the ancient *Jewish*, *Chaldean*, and *Egyptian* Astronomers used to divide every Day from Sun rising to Sun setting, into twelve equal Parts or Portions of Time, called Planetary Hours, and sometimes *Jewish Hours*, so that a Planetary Hour may be more or less than sixty Minutes, according as the Day you have under Enquiry may be more or less than twelve vulgar Hours. Every Day in the Week has assigned to it some one or other of the seven Planets, as the Sun to *Sunday*, the Moon to *Monday*, Mars to *Tuesday*, Mercury to *Wednesday*, Jupiter to *Thursday*, Venus to *Friday*, and Saturn to *Saturday*; and the proper Planet belonging to any Day does more particularly govern the first and eighth Hours of that Day, as the Tables above shew; and the rest of the Planets govern the other Hours in the order as is there expressed; which observed, it will be very easy to discover the beginning and ending of any Planetary Hour, on any particular Day in the Year.

The

The Use of the preceeding TABLES *of Planetary Hours.*

I. ANY Day being given to find what Part of that Day is govern'd by any particular Planet.

Look your given Week-Day in Table II. both for the Morning and Afternoon Hours, and in the same Line with your Week-Day, look for the Planet proposed, over which you will find the Number of the Hour, Morning, or Afternoon, which that Planet governs. Then turn to Table I. and seek your given Month-Day, or the nearest thereto, and in the same Line under the Number of your planetary Hour, you have certain Hours and Minutes, which is the Time when that Hour ends, but the Beginning of that planetary Hour, is, when the preceeding Hour ended, therefore, you have both the Times of Beginning and Ending of the planetary Hour, or Hour required.

EXAMPLES.

Suppose on *Wednesday* the 27th Day of *March*, I desire to know the planetary Hours of *Jupiter*, Morning and Afternoon?

Look for *Wednesday* in Table II. and you will see that *Jupiter* rules the 4th and 11th Hours thereof. Then turn to Table I. and against *March* the 26th, under the 4th Hour, you will find 9 Hours, 48 Min. which is the Time that the Morning Hour of *Jupiter* ends, but it begins where the 3d planetary Hour ends, viz. at 42 Min. after 8, so that *Jupiter* rules on that Day in the Forenoon, from 42 Min. after 8, till 48 Min. after 9, and again in the Afternoon, from 24 Min. after 4, till 30 Min. after 5.

Again, suppose on *Friday*, *December* the 13th, I would know the Time that *Venus* governs?

Against *Friday*, in Table II. I find that *Venus* rules the 1st and 8th Hours of that Day, and in Table I. against *December* the 10th Day, (the nearest Day to *Dec.* 12.) I find the first Hour (which always begins at Sun-rising) ends at 2 Min. after 9, and that the 8th Hour begins 34 Min. after Noon, and ends 12 Min. after 1, which Times

include the planetary Hours of *Venus* for that Day, and ſo for the Time of any other planetary Hour, for any Day in the Year.

II. Any Time being given to find what Planet then governs.

Suppoſe on *Saturday*, *January* the 19th, I would know what Planet rules at 9 in the Morning?

I look in Table I. for *January* 18, (the neareſt Day to the Day given) amongſt the Hours before Noon, and I find the 2d planetary Hour ends at 7 Min. after 9. I then turn to Table II. and againſt *Saturday*, I find that *Jupiter* rules the 2d Hour from Sun-riſing, therefore *Jupiter* rules at 9 in the Morning on that Day.

Thus you have a more eaſy and familiar Way for finding the planetary Hours than has hitherto been taught, even in the largeſt Books upon this Subject, ſo that now any Perſon who knows nothing of the Motions, Signs, or Characters of the Planets, may find either what Hour is govern'd by any particular Planet, or what Planet rules at any particular Time given, and that as certainly as the more learned Doctors. I have not extended theſe Tables to the Regency of the Night, becauſe the Sompliſt (for whoſe Service I have undertaken this Work) will have no Occaſion to make uſe of thoſe Hours, for that no Sort of Herbs, Roots or Plants, are to be gathered before Sun-riſe, or after Sun-ſet.

The moſt natural and approved Methods of gathering, drying, and preſerving of Herbs, Seeds and Flowers, ſo as to retain their true balſamick and healing Virtues.

IN antient Times when Men were more fond of learning Science, or the Knowledge of Things, than canting Words, (now called Terms of Art) the Phyſician and honeſt Man, might be both found to center in the ſame Perſon; then it was that the true Phyſical Power and Virtue of Herbs, Roots, Seeds, Flowers, &c. were juſtly valued, and uſed in the Cure of Diſtempers; every intelligent

ligent Perſon were then his own Doctor. The antient Phyſicians had not their Libraries of Thouſands of Books, and muſty Receipts, to confound and vitiate their Judgments, but contented themſelves with ſtudying the great Book of Knowledge, or the plain and ſimple Works of Nature offered to every Man's View and Contemplation; and although it be very true that great is the Excellencies of Herbs, Plants and Vegetables, both for Food and Phyſick, yet if not properly gathered and preſerved, you will often be deceived in your Expectation of their Virtues; obſerve therefore the following Directions.

I. Let your Herbs, *&c.* be gathered in their proper Seaſons, *viz.* when they are in their full Vigour and Strength, in the Knowledge of which the preceeding Catalogue of Herbs and Plants will be of excellent Uſe to you, for there you have not barely the Seaſon, or Time of the Year, when the moſt common and uſeful *Engliſh* Plants and Herbs are in their Prime, but alſo the Planet of whoſe Nature every Herb do moſt participate, and the Days in every Month, when ſuch governing Planet or Conſtellation is well dignified, and in friendly Configuration; then if you would ſtill add to the Dignities of that Planet, you may find by help of the two Tables following the ſaid Catalogue, the Times or Parts of that Day both Morning and Afternoon, when that Planet rules, by duly obſerving of which, you have all that is required in gathering of Herbs, only you may take Notice that the Leaves of ſuch Herbs as run up to Seed, are not ſo good when the Herb is in Flower as before; but rather then make Uſe of the Tops and Flowers of ſuch Plants than their Leaves, and that a dry Day is to be prefered for gathering of Herbs in, before a wet one.

II. The Herbs being gathered, and their dead Leaves and decay'd Parts pick'd out, expoſe them to dry in the Sun, and in an open Place that the ſweet Air may freely paſs through them, let them be frequently turn'd, and managed in the very ſame Way, as is practiced in the curing and drying of Hay, only if the Nights ſhould prove wet, you may then houſe them, and in the Morning expoſe them to the Sun and Air again as ſoon as may be.

Be not afraid that the Sun and Wind ſhould extract the Virtue and ſpirituous Parts of your Herbs; no, it will only exhale, and cauſe to evaporate that dull phlegmy and earthy Quality inherent to all Herbs, before they are dry'd, but preſerves, ſtrengthens, and purifies their balſamick and healing Virtues, and therefore all Herbs ſo dry'd, are to be prefered in Uſe before green Herbs. Three or four Days will generally be long enough for drying of Herbs, provided you have a brisk Wind and clear Sun, but the more certain Criterion to judge by, will be their Smell, for when you find they have loſt their fulſome, earthy, and groſs Scent, and ſmell brisk, fragrant and odorous, then are they dry'd enough; and if they ſhould be longer expoſed to the Wind and Sun, their more pure, volatile and ſpirituous Parts would be in danger, and the Herb render'd inſipid, and of little or no Uſe for want of its eſſential Virtues.

III. Having gathered and dried your Herbs as before directed, the beſt Way of keeping them, ſo as to preſerve them in their eſſential Virtues, will be in ſtrong Paper Bags, well filled and cloſe tied up, then lay or hang them up in ſome Room that is airy, but dry; but in Winter Time it will be beſt to diſpoſe them in a Room, where Fire is uſually kept, yet not too near the Fire, for ſuch Heat will deſtroy their Virtues, as much as Moiſture; Herbs thus packed up will be beſt for Uſe, after two or three Months, for in that Time they will have paſſed thro' another Digeſtion by Fermentation, and be thereby freed from a faintry Quality, which the Sun and Wind could not extricate them of, without Prejudice to their pure and ſpirituous Parts; but being ſo prepared, they will more freely infuſe, and communicate their generous Virtues, when committed to any proper Liquor, than any green, or half-prepared Herb, will, or can do.

IV. The Time longer than one Year that Herbs and Flowers will keep good, is uncertain, and depends in ſome Meaſure upon the Nature and Quality of the Herb, as Herbs naturally dry will keep longer than thoſe that are more juicy; and ſuch as grow upon dry Ground, will keep longer than thoſe that grow upon moiſt. But all

Herbs,

Herbs, Flowers and Seeds, ſo long as they continue a delightful Smell and Colour, continue alſo their eſſential and phyſical Virtues, and no longer.

V. No Engliſhman ought to be ignorant of the excellent Virtues and Uſe of Herbs, there being no Way ſo eaſy to Nature, as the Application of Vegetables, in the Cure of Diſeaſes, or their Prevention: It cannot be expected that I ſhould in this Place give a particular Account of the Nature and Properties of the ſeveral Herbs mentioned in the Catalogue, but this I will do, I will lay down the moſt natural and proper Ways of making Cordials, and Phyſical Decoctions with Herbs, Seeds or Flowers, ſo as they may be fully impregnated with their Virtues, and keep good for Weeks, Months, or Years.

Of making CORDIALS *of Herbs, Seeds, or Flowers.*

TAKE your Herbs, Flowers, or Seeds (but if Seed bruiſe them) what Quantity you find convenient, infuſe (that is ſteep) them in Ale, Beer, Wine, or any other proper Liquor, for about an Hour and not longer, keeping your Veſſel cloſe ſtopt during the Time of Infuſion; then ſtrain out your Liquor, and when it is ſettled, ſweeten it with white Sugar, to what Degree you think fit, and bottle it up for Uſe, ſo have you a Cordial far more friendly to Nature and more impregnated with the real Virtue of the Herbs, than can be procured by Diſtillation, and much preferable to any kind of Syrup, for all Syrups are clogging, and windy in the Stomach, fermentative in the Bowels, and the greateſt Corrupter of the Blood, even in Health if much uſed, ſo that they are not allowable in the Practice of Phyſick. And for your diſtilled Waters, the greateſt Number of them are, as cordial as Water ſtagnated in a Ditch, they are vapid and palling to the Taſte, crude and oppreſſive to the Stomach, and move not themſelves from the Blood neither by Sweat or Urine; ſome diſtill'd Waters, ſuch as Balm, Hyſſop, Pennyroyal, Meadow Sweet, &c. may pleaſe the Stomach in a Julep, but the Blood and Spirits will be better pleaſed and ſtrengthened with the Infuſion of thoſe Herbs, tho' it be in Fountain Water.

For

For Decoctions, take Spring or River Water, and juſt make it boil and no more, then take it off the Fire, and put into it what Herbs, Seeds, or Flowers you propoſe, letting them remain in about an Hour cloſe ſtopt, then ſtrain off your Liquor, and let it ſtand till it is quite cold, then add to it either Beer, Ale or Wine, of what ſort you beſt approve of, and that in ſuch Quantity as to make it ſtrong or weak as you pleaſe, then ſweeten it with fine white Sugar, and bottle it up for Uſe; but if you would ſweeten it with Figs or Raiſins, you muſt bruiſe your Fruit, and put them into the Liquor, at the ſame time as you put in your Herbs. Theſe Decoctions will keep ſix or eight Weeks, or more, according to the ſtrength thereof, and will be endued with all the good Virtues of your Ingredients, and will pleaſe both the Palate and Stomach. It will be as pleaſant and ſpirituous as the moſt agreeable Liquor you can drink; and infinitely preferable to Decoctions made after the common Way.

Of the four Quarters of the YEAR.

THE *Spring* Quarter begins on the 9th Day of *March*, at 53 Min. after 10 at Night. The natural Conſtitution of this Seaſon is hot and moiſt; if it be very wet it will cauſe Agues, Phrenzies, Impoſthumes, and other like Diſeaſes the *Summer* following; if it be very warm, and produce much South Wind, it indicates many dangerous and infectious Diſtempers; if windy and dry, it will add to the Affliction of antient People, and ſuch as are afflicted with Chronick Diſeaſes. It is now a very convenient Time to remove Sickneſs and Griefs, that have been of any time ſtanding; and alſo to avoid and prevent thoſe to come, therefore take a few general Directions for the Conduct of your Health in this Quarter: In *March* avoid all groſs Food, for groſs feeding will breed groſs Blood, and groſs Blood breeds groſs Humours, therefore uſe Meats of good Digeſtion, and ſuch as will purge and ſweeten the Blood; Water-creſſes and Brook-Lime are excellent Cleanſers of the Blood, and if eaten as a Sallad, or in Pottage, will much contribute to the removing

ſuch

ſuch groſs Humours as the preceding *Winter* hath cauſed to ſtagnate in the Body. The Herb Penny-Royal being eat this Month, will warm and comport the Stomach, and help Digeſtion; ſo will ſweet Spices, and good, wholſeſome, ſtrong Wine or Drinks, moderately taken. In *April*, the Pores of Man's Body are opened, and apt to receive Phyſick. This is the beſt Time in all the Year to remove the Cauſe of Sickneſs, and for a ſpeedy Remedy in Extremities. Avoid all Sorts of Roots this Month, but Sallads are to be commended; Meat if moderately eaten this Month is good, but avoid Pig, beware of exceſſive Drinking, for that corrupts the Blood more in this Month, than in any other. Betony, Mint and Rue, ſhould be frequently eaten, and Tanſy fry'd with Eggs will digeſt and carry off ſuch Humours as offend the Stomach; eat no Salt Fiſh, or Salt Meats this Month, for they will foul the Blood and breed the Itch, Scabs, and ſcorphulous Tumours. In *May* it is good to riſe early, and to waſh often in running Water; abſtain from all Meats of a hot Nature, and from ſtrong Drinks; Fennel Roots are good to be eaten this Month, and Whey with cooling Herbs is good Drink, for hot Stomachs; eat not the Feet of Beaſts this Month; Wormwood, Ale or Wine, moderately drank, is good; it is alſo a good Time to let Blood, and take Phyſick in.

The *Summer* Quarter begins on the 10th Day of *June* at 27 Min. after 10 at Night. The Nature of this Quarter is hot and dry; if it proves dry, and the North Winds blow, and if the following *Autumn* be Rains, and have frequent South Winds, then in the *Winter* following you may expect Coughs, Hoarſeneſs, Conſumptions, and great Pains in the Head and Stomach. The Diſeaſes uſually attendant upon this Quarter, and ſo to be guarded againſt, are burning Fevers, Phrenzies, Pleuriſies, Inflammations, Heat in the Urine, Stranguary, and the like; uſe cold Herbs and Meats, and but little Wine, for it will now dry the Stomach and Liver, and increaſe Choler; Sage or Rue, eaten at Breakfaſt is good. It is now better to frequent the Rivers than the Bagnios; abſtain from Bleeding and Phyſick, except Neceſſity require it; take heed of Heats and then of Colds,

Colds, for that cauſeth Pleuriſies; and ſleep not much eſpecially in the Afternoon. This Quarter is remarkable for bringing Fruits to their Ripeneſs, Cattle to their Fatneſs, Men to their Riches.

The *Autumnal* Quarter begins on the 12th Day of *September*, near 11 in the Morning, the Temperament of this Seaſon is unconſtant, wherefore it is that *Hippocrates* calleth it the Mother of deadly Sickneſs; the Diſtempers generally attending this Quarter, are Quartain Fevers, Vertigos, Fluxes, Falling-Sickneſs, Lethargies, Hemorrhoides, Suppreſſion of Urine, Gouts, Conſumptions, and innacious Madneſs; you may now take Phyſick if Occaſion be, but beware of taking Cold; you may now uſe good ſtrong Meats and Drinks, and take care to keep yourſelf warm in Cloathing, and dry of your Feet, Betony and Cinnamon uſed in Drink is good.

The *Winter* Quarter begins this Year on the 11th Day of *December*, at 3 in the Morning, the natural Quality of this Quarter is cold and moiſt, if it be dry and the Wind much to the South, without Froſt, it cauſeth Pains in the Breaſt, Coſtiveneſs in the Belly, ſtopping of Urine, with Sharpneſs, Exulcerations and Inflammations.

If it be long Froſt, with little or no Snow, it is a Forerunner of a Plague the Summer following; Fiſh, Milk, Rice, and ſuch like glutinous Food, that do oppilate, and thicken the Blood, are now to be avoided; forbear alſo Phyſick and Bleeding, except Neceſſity require it; beware of Heats and Colds, for Agues and other hurtful Griefs will follow. Let the Kitchen be thy Apothecary's Shop, warm Cloaths thy Nurſe, and Hoſpitality thy Exerciſe.

FINIS.